Gnome 3 has a variety of keyboard shortcuts which can help speed your interaction and remove the need to use the mouse for a variety of common activities, both to increase your efficiency and operate your computer in situations where a mouse is unavailable.

SWITCHING APPLICATIONS	
Alt + Tab	Switch to the next application, with cycling
Alt + Shift + Tab	Switch applications in reverse
Alt + Esc	Switch windows without preview
Alt +`	Switch windows within same application
Alt + F1	Open applications menu
Alt + F2	Launch a command
Super key	See an overview of all applications
Super + A	View application launcher
WORKSPACES	
Ctrl + Alt + Up	Move up to next workspace
Ctrl + Alt + Down	Move down to next workspace
Super + Page Up and Super + Page Down also serve this purpose.	
INTERACTING WITH WINDOWS	
Super + Shift + Page Up	Move window up a workspace
Super + Shift + Page Down	Move window down a workspace
Super + Shift + Left	Move window left one monitor
Super + Shift + Right	Move window right one monitor
Alt + F4	Close current window
Alt + F5	Restore window
Alt + F7	Move current window (use your arrow keys)
Alt + F8	Resize current window
Alt + F10	Maximize window
Super + H	Minimize window
Super + Left	Maximize a window on left of screen
Super + Right	Maximize a window on right of screen
Alt + Space	Access popup window menu
SYSTEM COMMANDS	
Super + L	Lock your screen
Ctrl + Alt + Delete	Bring up shutdown menu
Super + M	See messages and notifications
SCREENSHOTS	
PrintScn	Take a screenshot of your entire desktop
Alt+PrintScn	Take a screenshot of just the current window
Shift+PrintScn	Take a screenshot of a selectable area
Ctrl+PrintScn	Take a screenshot to the clipboard
Shift+Ctrl+Alt+r	Begin or end screen recording

There are also several common editing shortcuts that work across many of the applications you use, including Ctrl + A to select all, Ctrl + X to cut, Ctrl + C to copy, Ctrl + V to paste, and Ctrl + Z to undo the last action taken. Newcomers to Linux from other operating systems should find these shortcuts familiar.